

Access to Work - Funding Your Support

Access to Work is a UK government grant that helps people with a health condition, disability, or recovery need stay in work or get into work. It can pay for practical support, specialist equipment, coaching sessions, and more - all without costing the client anything.

What Access to Work Can Cover

- 1-to-1 recovery support coaching (like Mind On Side)
- Specialist equipment: laptops, phones, headsets, ergonomic chairs, software
- Travel to and from work (if public transport isn't accessible)
- A support worker or job coach (funds your time as their coach)
- Communication support (like BSL or note-taking)

Who Can Apply?

- Anyone with a health condition, mental health issue, disability, or recovery need
- You can apply if you're employed, self-employed, or about to start a job
- You don't need to be on benefits to qualify

Important Information

- It does not affect your Universal Credit, PIP, or other benefits
- You do not need to pay any of the money back - it's a grant, not a loan
- Support is tailored to you - it can be long or short term
- Mind On Side coaching is fully covered through this scheme

How to Apply

1. Go to www.gov.uk/access-to-work
2. Fill in your details and job info
3. Where it asks about support, write:

'I would like Kevin from Mind On Side to support me as a Recovery Coach.'

4. Once approved, the support starts and Access to Work pays for it directly